



### **Year 3 Gymnastics**

Year 3 have been exploring different types of balance which include point and patch balances. They have created a routine that included 1,2,3,4 point balances. They have travelled in different ways and learnt how to travel across benches and used equipment safely.

### **Year 4 Multi Skills**

Year 4 have are continuing to build their ball handling skills. They have used a range of equipment to learn different types of passes such as chest pass, shoulder pass and bounce pass. They have used these passes to play basic netball and dodgeball.

### **Year 1 Health related exercise**

Year 1 have learning about the importance of exercise and how exercise keeps us healthy. They have played a range of games including shark attack and dodgeball where they have been developing their ball skills.

# **Autumn Sports Newsletter 2017**



### **Year 5 Tag Rugby**

Year 5 are learning to play Tag Rugby. They have been learning how to pass the ball backwards and run with it by defending and running past a player to score. They have been learning the rules and applying them when playing a game.



### **Year 6 Ball Skills/Dodge Ball**

Year 6 have continued to use their ball skills and used them playing a range of games such a dodge ball. They are also learning the rules so they can referee games.



### **Year 2 Gymnastics**

Year 2 have been travelling around the hall and practised different ways in which they can use their bodies to balance and travel. They have been learning how to jump and land safely.