



# Atherton Sacred Heart RC Primary School

## Relationships and Sexual Education [RSE] HH Kids programme for KS2

Dear parents/ carers

### Re: Year 6 Relationships and Sexual Education

We will shortly be commencing some work in Year 6 as part of our ongoing Relationships and Sexual Education programme which we deliver progressively throughout the school. The lessons will cover some elements of Science and some Personal, Social and Health Education (PSHE). Your child will take part in a series of three puberty lessons delivered by experienced staff from HH Kids, a company specialising in this area of the curriculum. The staff who deliver the lessons have worked within the field for many years and are highly skilled in their delivery. If you wish to find out more information about this HH Kids, please view their website at [www.hhkids.co.uk](http://www.hhkids.co.uk)

School will review the lesson content and resources to ensure they are age appropriate and meet the needs of our pupils.

Lesson content will include:

Session 1 – joint session physical and emotional changes during puberty and how the male and female reproductive systems work

Session 2 – girls, including the menstrual cycle, sanitary products and personal hygiene

Session 3 – boys, including the male body, testicular awareness and personal hygiene

Session 4 – joint session including general health including acne, sleep and shaving.

Evaluation of the programme

You have the right to withdraw your child from non-statutory elements of RSE, not included in the National Curriculum for Science. However, we would encourage you to allow your child to receive these lessons, as should they be withdrawn, they may be subjected to receiving inaccurate information from their peers following the lessons.

To ensure that you are familiar with the content of the programme, we would like to invite you to attend a parent/carer session prior to delivery. This will give you the opportunity to meet the member of HH Kids staff delivering the sessions to Y6 and to view the resources they will use. We see this as an important part of the programme to enable you to be prepared for questions your child may ask, or to discuss the issues raised during and after the sessions. Evidence shows that children and young people greatly value being able to talk to their parents/carers about these issues. The session will be held on [date]. Please complete and return the reply slip if you are able to attend. If you would like to withdraw your child from the non-statutory elements of the programme, please contact me to discuss this further.

We do hope you will support us in this work. If you do not request that your child is withdrawn from non-statutory elements of the programme, we will assume that you are happy for them to take part.