

SPORT AT SACRED HEART

Why do we do sport?

It is our aim at Atherton Sacred Heart Primary to provide the opportunity for our children to safely experience a range of sporting activities for their fun and enjoyment.

Through carefully planned PE and sports activities we aim to ensure that all children are happy and enjoy PE, thus raising participation levels both in and out of school and therefore in turn, promoting healthy lifestyles.

We strive to provide high quality PE and sports teaching in both curriculum and after school clubs. We aim to ensure that within their own level of ability all children can achieve and experience success, thereby enabling them to reach their full potential.

We value the benefits of PE and sport to build children's self confidence, esteem and self worth which is character building and essential for our pupils' development.

We aim to provide opportunities for all children to experience competition at various levels both individually and as part of a team by means of in and out of school competitions. This will hopefully inspire children to participate fully and benefit from all aspects of sport physically, emotionally and socially.